THE NAVY SEAL FOUNDATION

Honoring our warriors. Supporting their families.

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*Former SEAL

THE SITUATION REPORT

MAY 2019

NEWS & UPDATES

THE FOURTH BIENNIAL PALM BEACH EVENING OF TRIBUTE

The Fourth Biennial Palm Beach Evening of Tribute benefiting the Navy SEAL Foundation and the National Navy UDT-SEAL Museum, was held on April 1, 2019. The event, hosted by Kie Cundey, Ann Heathwood, Elliot Hershberg, Molly Slattery, Marjorie McCloskey O’Neil, Nancy Wildrick, Rebecca Williams and Jane Woodman raised over $1.5 million in support of SEALs and the Naval Special Warfare community.
WARRIOR AND FAMILY SUPPORT

NSF is pleased to announce an update to our Respite Child Care Program (RCCP)!

NSF currently provides **18 hours of Respite Child Care per month** to active duty NSW families during deployments lasting longer than 90 days. Starting May 1, 2019, we will be adding **9 hours of Respite Child Care per month** for active duty NSW families during the Unit Level Training (ULT) phase of deployment cycles.

NSF conducts a thorough, evidence-informed, data-driven review of our programs each year. We also value and incorporate service members’ feedback when making program decisions. During a recent All Spouse Call, spouses shared the continuing need for support during the ULT phase of the deployment cycle. Many feel that the ULT phase can be even more challenging than the actual deployment due to the unpredictable nature of training. **It is our hope that additional Respite Child Care hours will help alleviate stress and create positive outcomes for our NSW families during the deployment cycle.**

EDUCATIONAL OPPORTUNITIES

**NSF SCHOLARSHIPS UPDATE - ROUND TWO**

Mark your calendars for June 3rd, 2019!

The Navy SEAL Foundation's second round of scholarships will open to qualified applicants on **June 3rd, 2019**! For questions about NSF educational opportunities, please contact us at programs@navySEALfoundation.org
ACTIVE DUTY WOUNDED, ILL AND INJURED SUPPORT

This month, NSF supported **61 Wounded, Ill and Injured requests** including several SEALs who were injured during training. One SEAL had to be flown home for surgery and due to the extent of his injuries, needed caregiver support. NSF provided flights, hotel accommodations, and a rental car for the service member’s mother so that she could care for her son during his recovery. Another SEAL was severely injured while parachuting and required immediate surgery. NSF provided tragedy assistance funds to the service member and we continue to work with the SOCOM Care Coalition to address any other needs as they arise.

We are honored to assist our NSW service members by providing Wounded, Ill and Injured support, including necessary rehabilitation equipment, veteran medical support for combat sustained injuries, casualty checks, medical board stipends, respite child care, and other financial assistance. For more information about our programs, please visit our website or email us at info@navySEALfoundation.org.

WARRIOR TRANSITION

The Navy SEAL Foundation held its first **2019 Professional Development and Transition Symposium** on the East Coast on March 27th. The symposium was attended by over 100 transitioning warriors, family members, NSW service providers and transition partners. Our 2019 West Coast event was held on May 30th, in Coronado, California. These symposiums are a resource for all NSW personnel who are within 12 - 18 months of their transition or retirement.

In addition to highlighting a variety of transition organizations, this year’s symposiums featured a panel of psychologists, clinicians and executive coaches with the goal of normalizing various aspects of the transition process while helping transitioning NSW personnel and spouses view transition with a positive perspective.

“This event had good info for me and my wife. I feel better about the possibility of retiring soon after sitting through everything and talking to some of the reps from the different organizations that presented. Thank you so much.”

-Active Duty NSW Service Member
OUR COMMITMENT

THE NAVY SEAL FOUNDATION PROVIDES IMMEDIATE AND ONGOING SUPPORT AND ASSISTANCE TO THE NAVAL SPECIAL WARFARE (NSW) COMMUNITY AND ITS FAMILIES UNDER FIVE MAIN AREAS: WARRIOR & FAMILY SUPPORT, EDUCATIONAL OPPORTUNITIES, TRAGEDY ASSISTANCE & SURVIVOR SUPPORT, WARRIOR TRANSITION, AND LEGACY PRESERVATION.

<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Surviving Spouses, Fiancées and Significant Others</td>
<td>92</td>
</tr>
<tr>
<td>Surviving Children</td>
<td>109</td>
</tr>
<tr>
<td>Surviving Parents</td>
<td>202</td>
</tr>
<tr>
<td>Surviving Siblings</td>
<td>103</td>
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<tr>
<td>Primary Caregivers of Surviving Children</td>
<td>8</td>
</tr>
</tbody>
</table>

TOTAL PROGRAM SUPPORT YTD: $3,469,696

- Survivor Support: $674,188
- Tragedy Assistance and Veteran Support: $677,519
- Legacy Preservation: $141,513
- Child Resiliency: $393,272
- Educational Opportunities: $505,319
- Warrior and Family Support: $544,090
- Transition Assistance: $533,795

TOP 0.7% OF ALL NONPROFITS FOR FINANCIAL STEWARDSHIP

94 CENTS* OF EVERY DOLLAR DONATED GOES DIRECTLY TO PROGRAMS OR IS RESERVED FOR FUTURE MISSION USE

4-STAR CHARITY NAVIGATOR RATING SINCE 2011

*Fundraising ratios and efficiencies are calculated using the Charity Navigator three-year average for these areas.

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- Transition Assistance: $533,795

**NSW KILLED IN ACTION SINCE SEPTEMBER 2001**
- 71

**NSW KILLED IN TRAINING SINCE SEPTEMBER 2001**
- 22

**NSW LINE OF DUTY SINCE SEPTEMBER 2001**
- 46

**NSW VETERAN-DIPLOMATIC MISSION**
- 6

**OTHER NSW LOSSES SINCE SEPTEMBER 2001**
- 11

SITREP MAY 2019 | 4
NAVY SEAL FOUNDATION’S

JOGGIN’ FOR FROGMEN

100% OF THE PROCEEDS EXCLUSIVELY BENEFITING

NAVY SEAL FOUNDATION

5K AND TADPOLE TROT

UPCOMING RACES

FRISCO, TX
5.4.19
PITTSBURGH, PA
9.21.19

AMELIA ISLAND, FL
5.18.19
ALEXANDRIA, VA
10.5.19

IMPERIAL, NE
5.25.19
VIRGINIA BEACH, VA
10.19.19

SAN DIEGO, CA
7.27.19
LOS ANGELES, CA
11.9.19

LOUISVILLE, KY
9.14.19

TO DONATE, REGISTER, VOLUNTEER, SPONSOR AND FOR EVENT DETAILS, PLEASE VISIT:

JOGGINFORFROGMEN.COM

SHOP THE OFFICIAL JOGGIN’ FOR FROGMEN STORE TODAY! GEAR UP FOR YOUR NEXT RACE WITH JFF SHIRTS, HATS, ACCESSORIES AND MORE!

CLICK TO SHOP ➔

PROUD TO PARTNER WITH GORUCK FOR THE 2019 RACE SEASON!

THANK YOU TO OUR RETURNING NATIONAL SPONSOR

Veterans United Foundation
### UPCOMING EVENTS

<table>
<thead>
<tr>
<th>DATE</th>
<th>EVENT NAME</th>
<th>CITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>5/2/2019</td>
<td>2019 NXTGEN The Only Easy Workout Was Yesterday</td>
<td>Port Washington, NY</td>
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<tr>
<td>5/4/2019</td>
<td>Joggin’ for Frogmen Frisco</td>
<td>Frisco, TX</td>
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<tr>
<td>5/11/2019</td>
<td>Encinitas Golf Ball Drop</td>
<td>Encinitas, CA</td>
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<tr>
<td>5/17/2019</td>
<td>4th Annual Shootin’ for the Stars</td>
<td>Rio Oso, CA</td>
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<tr>
<td>5/18/2019</td>
<td>Joggin’ for Frogmen Amelia Island</td>
<td>Amelia Island, FL</td>
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<tr>
<td>5/18/2019</td>
<td>Kyle Milliken 'The Only Easy Day' 10K/5K</td>
<td>Falmouth, ME</td>
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<tr>
<td>5/18/2019</td>
<td>Richmond Goalkeeping Academy Camp</td>
<td>Mechanicsville, VA</td>
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<tr>
<td>5/20/2019</td>
<td>Joshua T. Harris Memorial Golf Tournament</td>
<td>Pinehurst, NC</td>
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<tr>
<td>5/22/2019</td>
<td>Rosendin Electric Golf Tournament</td>
<td>Newport Beach, CA</td>
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<tr>
<td>5/24-27/19</td>
<td>10th Annual Danny Dietz Memorial Classic</td>
<td>Rosenberg, TX</td>
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<tr>
<td>5/25/2019</td>
<td>Joggin’ for Frogmen Imperial</td>
<td>Imperial, NE</td>
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<tr>
<td>5/25/2019</td>
<td>2019 Zach Buob Memorial Weekend</td>
<td>Imperial Beach, CA</td>
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<tr>
<td>6/2/2019</td>
<td>Inaugural Boston Frogman Swim</td>
<td>Boston, MA</td>
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<tr>
<td>6/14/2019</td>
<td>3rd Annual Kyle Milliken Golf Tournament</td>
<td>Virginia Beach, VA</td>
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<td>6/15/2019</td>
<td>Golf Outing to Benefit NSF</td>
<td>Etters, PA</td>
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<td>6/22/2019</td>
<td>LT Michael Murphy 4 Mile Run Around the Lake</td>
<td>Lake Ronkonkoma, NY</td>
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<td>6/22/2019</td>
<td>Navy Beach Kickoff Event</td>
<td>Montauk, NY</td>
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<td>7/13/2019</td>
<td>20th Annual Allen Stone Run Swim Run</td>
<td>Virginia Beach, VA</td>
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<tr>
<td>7/14/2019</td>
<td>San Francisco Frogman Swim</td>
<td>San Francisco, CA</td>
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<tr>
<td>7/27/2019</td>
<td>Joggin’ for Frogmen San Diego</td>
<td>San Diego, CA</td>
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<tr>
<td>8/8/2019</td>
<td>Denver Evening of Tribute</td>
<td>Denver, CO</td>
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<tr>
<td>9/4/2019</td>
<td>Midwest Evening of Tribute</td>
<td>Chicago, IL</td>
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<tr>
<td>9/6/2019</td>
<td>Commander Pete Oswald Memorial Golf Tournament</td>
<td>Bellingham, WA</td>
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<tr>
<td>9/14/2019</td>
<td>SHMC Ironclad Poker Run</td>
<td>Norfolk, VA</td>
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<td>9/14/2019</td>
<td>Joggin’ for Frogmen Louisville</td>
<td>Louisville, KY</td>
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<tr>
<td>9/15/2019</td>
<td>IRONMAN Superfrog 70.3</td>
<td>Imperial Beach, CA</td>
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<tr>
<td>9/20/2019</td>
<td>Shootin’ for the Stars</td>
<td>Carson City, NV</td>
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<tr>
<td>9/21/2019</td>
<td>Joggin’ for Frogmen Pittsburgh</td>
<td>Pittsburgh, PA</td>
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<tr>
<td>9/23/2019</td>
<td>Birdies By the Bay Golf Event</td>
<td>Half Moon Bay, CA</td>
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<tr>
<td>9/27-9/29/19</td>
<td>SEAL Tribute Celebration</td>
<td>Half Moon Bay, CA</td>
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<tr>
<td>9/30-10/1/19</td>
<td>Navy SEAL Foundation Impact Forum</td>
<td>La Jolla, CA</td>
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<td>10/5/2019</td>
<td>Joggin’ for Frogmen D.C.</td>
<td>Washington, D.C.</td>
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<tr>
<td>10/19/2019</td>
<td>Joggin’ for Frogmen Virginia Beach</td>
<td>Virginia Beach, VA</td>
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<td>11/3/2019</td>
<td>TCS New York City Marathon</td>
<td>New York City, NY</td>
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<tr>
<td>11/9/2019</td>
<td>Joggin’ for Frogmen Los Angeles</td>
<td>Los Angeles, CA</td>
</tr>
<tr>
<td>11/9/2019</td>
<td>Amelia Island Charity Event</td>
<td>Amelia Island, FL</td>
</tr>
</tbody>
</table>

For a full listing of events visit navysealfoundation.org/events