



NAVY SEAL FOUNDATION

Honoring our warriors. Supporting their families.

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THE SITUATION REPORT

AUGUST 2019

PROGRAM HIGHLIGHT

WARRIOR TRANSITION

The Navy SEAL Foundation's **SEAL/SWCC Egress Training (SET) Pipeline** is a multifaceted transition program supporting transitioning NSW personnel. One of SET's critical components focuses on career transition by informing and funding transitioning members who need access to tailored, evidence-informed, and successful career transition opportunities.

NSF understands the significance of finding meaningful employment once an operator leaves the active-duty community and generously funds several transition programs to equip and empower the operator well (cont.)



"I very much appreciate all that the NSF has done to offer help for transitioning personnel. I have completed THF and participated in an Elite Meet event and because of NSF's support for these organizations, that has led to the position I have recently been offered and accepted."

CAREER TRANSITION SUPPORT NUMBERS (JANUARY-JUNE):

Operator	THF	COMMIT	Elite Meet	Tuck, Next Step
SEAL	27	38	8	3
SWCC	4	6	1	0
NSW Enabler	18	18	0	1

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before (his/her transition starts. Whether it's a two-day educational workshop or a multi-week, comprehensive curriculum, the Navy SEAL Foundation stands ready to support our community before, during and following their transition.

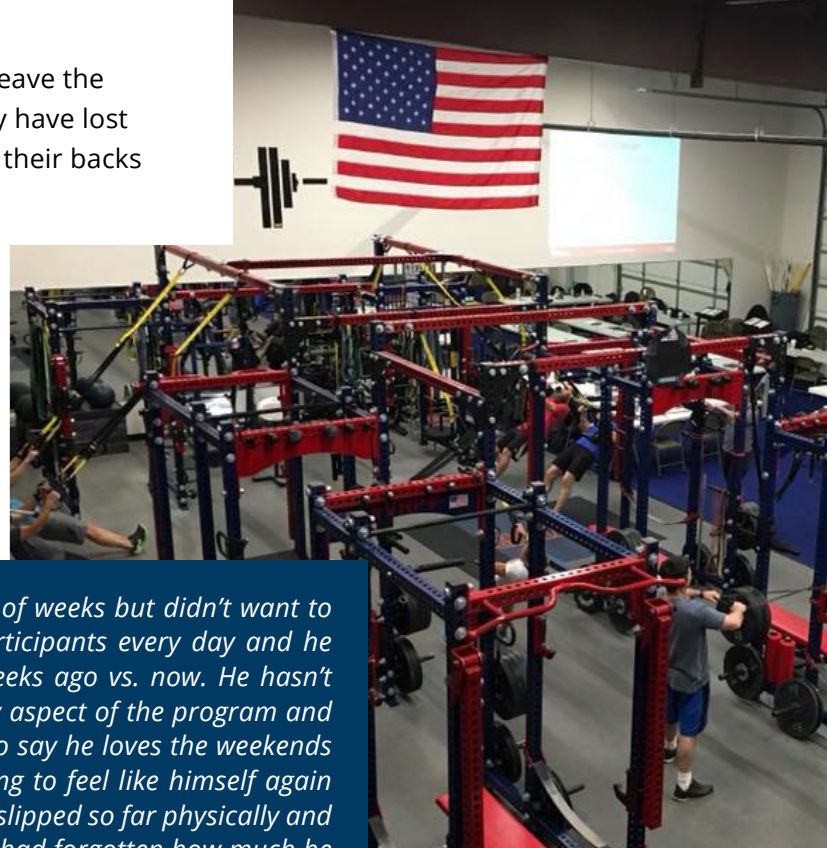
"I am very thankful to have met the NSF Transition Advisor at an Elite Meet event. It was through his connection that I was introduced to my current employer! They accepted me as an intern as I transition from active duty and offered me a position when I retire. Thank you for all that you do."



Supporting SEALs is what NSF does! When NSW warriors leave the Teams and need our support to regain what they feel they have lost following their dedicated service, we are honored to have their backs while they do what they do best...reach their next goal.

HUMAN PERFORMANCE SUPPORT NUMBERS (JANUARY-JUNE):

Operator	Jan	Feb	Mar	Apr	May	Jun
SEAL	12	9	13	10	12	12
SWCC	0	2	1	1	0	0
Support	1	1	0	1	3	1



"I was going to text you a few times over the past couple of weeks but didn't want to overstep. I've been speaking to one of your program participants every day and he sounds GREAT! In fact, I can't believe where he was 2 weeks ago vs. now. He hasn't sounded this good since leaving the Navy. He LOVES every aspect of the program and even said he would like to extend it. Last night he called to say he loves the weekends but can't wait to get started on another week. He's starting to feel like himself again physically. He really loves working with your team. He had slipped so far physically and feels like he is making up huge ground. He shared that he had forgotten how much he loved being a SEAL and the program has brought that back."



NAVY SEAL FOUNDATION

IMPACT FORUM 2019

SEPTEMBER 30TH-OCTOBER 1ST, 2019



REGISTRATION NOW OPEN - CLICK TO REGISTER



PROGRAM SUPPORT UPDATES

NSW'S MAJOR COMMAND RESOURCE FAIR

Last month, the Navy SEAL Foundation was thrilled to partner with **NSW's Major Commands** in support of the largest NSW resource fair to date! SEAL Heritage Center was filled to capacity with service providers and active-duty NSW members. Attendees learned about essential resources available to them and had the opportunity to interact with resource providers, NSF staff and other active-duty members. The crowd was so large that attendees overflowed into the adjacent SEAL Park where they enjoyed lunch and entertainment.

The goal of this event was to increase our NSW service members' awareness of the support and resources available to them. We are proud of our team's support and the success of this well-executed effort as it exemplifies NSF's stellar commitment to NSW Warrior & Family Support event programming.

"In summary, there are so many things we cannot do without the assistance of the Foundation, but when we have such dedicated people assisting us as well - it just takes things to the next level."

—Warrior and Family Support Coordinator



"The event was a HOME RUN, in large part from the great work put into the prep and execution."

—Major Command, Commanding Officer



TRAGEDY ASSISTANCE AND SURVIVOR SUPPORT:

After three months at Walter Reed, we are pleased to share that a SEAL who had been injured during combat was moved to Richmond to finish his recovery.

NSF continues to fund his daily meal plan to best fuel his body for healing and strengthening during his recovery.

We will continue to coordinate with the

USSOCOM Care Coalition regarding other medical necessities that are not funded by TRICARE to ensure that this SEAL is afforded every opportunity to achieve his recovery goals.

An active-duty SEAL who sustained multiple injuries last August in a training accident has undergone numerous surgeries and intensive rehabilitation over the past year. Despite his injuries, this warrior is determined to return to duty, and **NSF continues to coordinate our support regarding treatments not covered by TRICARE** but which are proven to maximize his chances of returning to duty, with the USSOCOM Care Coalition.

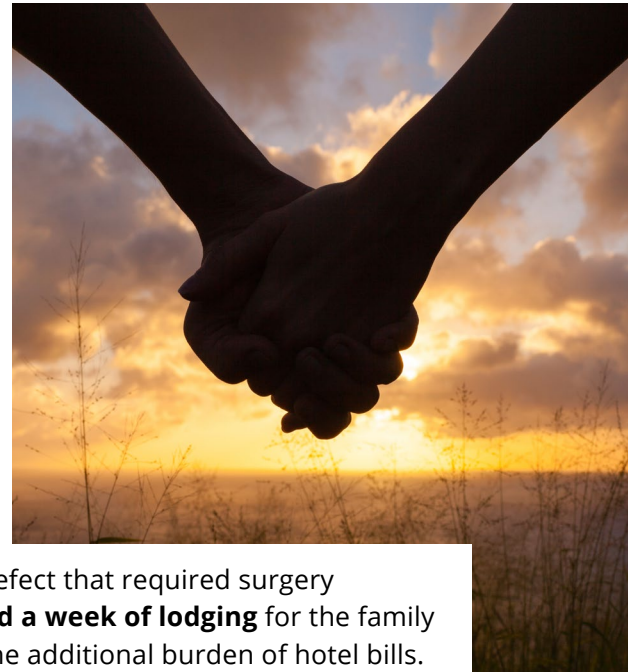


WARRIOR AND FAMILY SUPPORT

While service members are deployed, life back home continues. The Navy SEAL Foundation is honored to provide families with additional support to **ease the stressors often faced by those on the homefront when challenging life circumstances arise.**

In one case, the spouse of a deployed service member, who just had a baby, learned that her mom has an invasive brain tumor. Her mother was her only local support. **The Foundation is providing the spouse with additional respite childcare hours;** this enables her to be at the hospital with her mother during treatments while knowing her infant is in the loving arms of a caregiver funded by the NSF.

In another case, a service member's baby was born with a heart defect that required surgery immediately following birth. **The Navy SEAL Foundation provided a week of lodging** for the family so they could get the infant the best treatment possible without the additional burden of hotel bills.



NSF is honored to support **Command Family Days** for all nationally and internationally based NSW commands. Command Family Days bring community members together in a unique, fun, and engaging way and serve to remind service members and their families--especially the children--that they are truly NSW's most valuable and cherished asset. Command-level functions give families the opportunity to meet others who share a similar operational tempo. We are honored to fund this valuable and historical connection time for this incredible community.



"The activities were engaging, the food was delicious, and it was an overall wonderful experience to get to share with so many families. Thank you Navy SEAL Foundation."

NAVY SEAL FOUNDATION'S TEAMWORK

24 WORKOUTS IN 24 HOURS

9-11 NOVEMBER 2019

ABOUT

TEAMWORK is an annual nationwide fitness event taking place on Veterans Day weekend (November 9-11, 2019) in support of the Navy SEAL Foundation. The event consists of 24 Hero Workouts that honor fallen members of the Naval Special Warfare (NSW) community. The workouts will be performed over the course of 24 hours at participating gyms. TEAMWORK benefits the Navy SEAL Foundation and our goal with this event is to raise \$1 million in support of our mission of service to the warriors and families of NSW.

HOW DOES THE EVENT WORK?

First, gym owners sign up as a participating gym and then pick a day (Friday, Saturday or Sunday) to host the 24-hour event. Next gym members sign up and join that gym's TEAM. On the day of the TEAMWORK event, team members gather at their gyms and work together in groups of 2, 3, or 4 to complete the 24 Hero Workouts over the next 24 hours--one per hour until the workouts have all been completed. Please note, the intent is for each group to perform a few workouts during the 24-hour period (maximum of 4). The gym is executing all 24 workouts, not any one individual or group! Performing all 24 workouts as an individual or group is strictly forbidden.

GYM OWNERS

[CLICK TO REGISTER YOUR GYM →](#)

1. **Register** your gym as an official TEAMWORK event participant.
2. Receive your gym's unique TEAMWORK fundraising page link where you will personalize your gym's page.
3. Share your TEAM page with your gym members and encourage them to register to participate in the TEAMWORK event as part of your TEAM.
4. Encourage members to set up their personal fundraising pages under your TEAM page and help them with fundraising.
5. Get set for Veterans Day Weekend and your chosen event day and don't forget to SHARE on social media tagging #navySEALfoundation and #NSFTEAMWORK.

Please note: There is a \$24 registration fee for all TEAMWORK gym participants and 100% of the proceeds from registration will be donated to the Navy SEAL Foundation. Gyms are encouraged to set a fundraising goal of at least \$1,111 in honor of Veterans Day (11/11). Guidelines for the 24 Hero workouts will be available to download once you have signed up as a participating gym or TEAM member and instructions on how to safely proctor the workouts will be included. We want all of our TEAM members to remain safe as they participate in this event!

ATHLETES

[CLICK HERE TO REGISTER →](#)

1. Click 'Register' and then choose 'Join a team' to find your gym.
2. Sign up as a TEAM member on your gym's TEAMWORK page.
3. If your gym has not registered to participate in TEAMWORK, send them to this link: www.navySEALfoundation.org/teamwork and encourage them to JOIN US and then go back to step 1!
4. Get your fellow gym members to sign up for TEAMWORK so they can join you on Veterans Day weekend.
5. Once you are signed up as a TEAM member, set up your individual fundraising page and share it with your family, friends, and coworkers.
6. Fundraise, fundraise, fundraise!
7. Show up to your gym on Veterans Day weekend to participate in the Hero Workouts with your TEAMWORK teammates.
8. Post pics and videos and share about TEAMWORK on social media tagging #navySEALfoundation and #NSFTEAMWORK

Please note: There is a \$24 registration fee for all TEAMWORK participants and 100% of the proceeds from registration will be donated to the Navy SEAL Foundation.

Your participation in TEAMWORK is vital to the event's success! If your gym isn't registered to participate, please encourage them to **register**.

NAVY SEAL FOUNDATION'S

JOGGIN' FOR FROGMEN

5K AND TADPOLE TROT

100% OF THE PROCEEDS EXCLUSIVELY BENEFITING



NAVY SEAL FOUNDATION

UPCOMING RACES

LOUISVILLE, KY

PITTSBURGH, PA

ALEXANDRIA, VA

VIRGINIA BEACH, VA

LOS ANGELES, CA

9.14.19

9.21.19

10.5.19

10.19.19

11.9.19

TO DONATE, REGISTER, VOLUNTEER, SPONSOR AND FOR EVENT DETAILS, PLEASE VISIT:

JOGGINFORFROGMEN.COM



SHOP THE OFFICIAL JOGGIN' FOR FROGMEN STORE TODAY! GEAR UP FOR YOUR NEXT RACE WITH JFF SHIRTS, HATS, ACCESSORIES AND MORE!

CLICK TO SHOP →



PROUD TO PARTNER WITH GORUCK FOR THE 2019 RACE SEASON!

THANK YOU TO OUR RETURNING NATIONAL SPONSOR



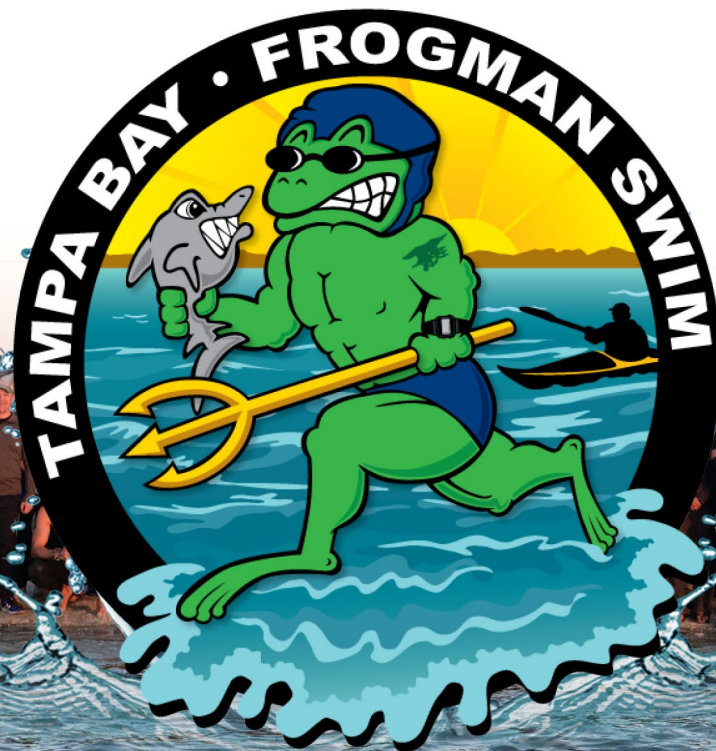
Veterans United Foundation

REGISTRATION FOR THE 2020 TAMPA BAY FROGMAN SWIM WILL OPEN AUG 6 AT 0700 EASTERN IN HONOR OF EXTORTION 17.

EVENT DATE IS JAN 12, 2020

Tampa Bay Frogman Swim is a two mile swim to raise awareness and funds for the Navy SEAL Foundation.

REGISTER AT: WWW.TAMPABAYFROGMAN.COM



OUR COMMITMENT

THE NAVY SEAL FOUNDATION PROVIDES IMMEDIATE AND ONGOING SUPPORT AND ASSISTANCE TO THE NAVAL SPECIAL WARFARE (NSW) COMMUNITY AND ITS FAMILIES UNDER FIVE MAIN AREAS: WARRIOR & FAMILY SUPPORT, EDUCATIONAL OPPORTUNITIES, TRAGEDY ASSISTANCE & SURVIVOR SUPPORT, WARRIOR TRANSITION, AND LEGACY PRESERVATION.

92

SURVIVING SPOUSES,
FIANCÉES AND
SIGNIFICANT OTHERS

109

SURVIVING
CHILDREN

202

SURVIVING
PARENTS

103

SURVIVING
SIBLINGS

8

PRIMARY CAREGIVERS
OF SURVIVING
CHILDREN

TOTAL PROGRAM SUPPORT YTD: \$7,711,323

\$1,541,246

EDUCATIONAL
OPPORTUNITIES

\$151,937

LEGACY
PRESERVATION

\$886,119

WARRIOR AND
FAMILY SUPPORT



\$1,379,915

TRAGEDY ASSISTANCE
AND VETERAN SUPPORT

\$1,329,182

SURVIVOR SUPPORT

\$1,268,771

CHILD RESILIENCY

\$1,154,153

TRANSITION ASSISTANCE

TOP 0.7%

OF ALL NONPROFITS
FOR FINANCIAL STEWARDSHIP

94 CENTS*

OF EVERY DOLLAR DONATED GOES
DIRECTLY TO PROGRAMS OR IS
RESERVED FOR FUTURE MISSION USE



4-STAR

CHARITY NAVIGATOR
RATING SINCE 2011

*Fundraising ratios and efficiencies are calculated using the Charity Navigator three-year average for these areas.

71

NSW KILLED IN ACTION
SINCE SEPTEMBER 2001

22

NSW KILLED IN TRAINING
SINCE SEPTEMBER 2001

46

NSW LINE OF DUTY SINCE
SEPTEMBER 2001

6

NSW VETERAN-
DIPLOMATIC MISSION

11

OTHER NSW LOSSES SINCE
SEPTEMBER 2001

UPCOMING EVENTS

DATE	EVENT NAME	CITY
8/8/2019	Denver Evening of Tribute	Denver, CO
8/17/2019	Insight Global Cornhole Tournament	Virginia Beach, VA
8/25/2019	NY Frog Swim	Long Island, NY
9/4/2019	Midwest Evening of Tribute	Chicago, IL
9/6/2019	Commander Pete Oswald Memorial Golf Tournament	Bellingham, WA
9/11/2019	Patriot Day Ladies Luncheon	Amelia Island, FL
9/14/2019	SHMC Ironclad Poker Run	Norfolk, VA
9/14/2019	Joggin' for Frogmen Louisville	Louisville, KY
9/15/2019	IRONMAN Superfrog 70.3	Imperial Beach, CA
9/20/2019	Shootin' for the Stars	Carson City, NV
9/21/2019	Brews for the Brave	Pittsburgh, PA
9/21/2019	Joggin' for Frogmen Pittsburgh	Pittsburgh, PA
9/23/2019	Birdies By the Bay Golf Event	Half Moon Bay, CA
9/27-9/29/19	SEAL Tribute Celebration	Half Moon Bay, CA
9/30-10/4/19	Ted Gallagher 150	Malibu to Coronado, CA
9/30-10/1/19	Navy SEAL Foundation Impact Forum	La Jolla, CA
10/4/2019	Sig Sauer Event	Epping, NH
10/5/2019	Joggin' for Frogmen D.C.	Washington, D.C.
10/10/2019	Pedal For Patriots 2019	Atlanta, GA
10/18/2019	Seattle Evening of Tribute	Seattle, WA
10/19/2019	Joggin' for Frogmen Virginia Beach	Virginia Beach, VA
10/24/2019	Indiana Evening of Tribute	Indianapolis, IN
11/3/2019	TCS New York City Marathon	New York City, NY
11/9/2019	Joggin' for Frogmen Los Angeles	Los Angeles, CA
11/9/2019	Amelia Island Charity Golf Classic	Amelia Island, FL
11/9-11/2019	Navy SEAL Foundation's TEAMWORK	See Participating Gyms
1/12/2020	Tampa Bay Frogman Swim	St. Petersburg, FL
2/6/2020	Houston Evening of Tribute	Houston, TX

FOR A FULL LISTING OF EVENTS VISIT NAVYSEALFOUNDATION.ORG/EVENTS

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