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THE SITUATION REPORT

DECEMBER 2019

PROGRAMMATIC SUPPORT HIGHLIGHT

NAVY SEAL FOUNDATION HOLIDAY SUPPORT

To many, the holidays are the most wonderful time of the year. But for some, the holidays can bring about anxiety and even feelings of sadness. The Navy SEAL Foundation is committed to making sure our Naval Special Warfare (NSW) warriors and families feel supported year-round, and that includes the holiday season. Under our **Warrior and Family Support program pillar**, we offer several opportunities for our NSW families to connect with one another, and with their command families. For more on our Holiday programs, keep reading!

HOLIDAY HELP

We are honored to provide NSW command leadership with the ability to nominate active-duty members under their command (E-6 and below) who may need a little extra help over the holidays. The Foundation presents these sailors with a **\$300 Holiday Help grant** in the form of a gift card to help alleviate some of their financial stress.

Last Holiday Season, NSF provided \$50,000 in Holiday Help to NSW families in need.



Cont.

FAMILY READINESS GROUP (FRG) COMMAND HOLIDAY GRANT FUNDS

Social connections can have a huge positive impact on our NSW families.

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These 'command family' relationships help create a sense of belonging and security. SEALs can spend up to 270 days away from home each year, and with back-to-back deployments and the intense training inherent to NSW, many families are forced to spend holidays apart.

NSF is excited to be able to support the annual holiday parties hosted by each NSW command. We do this by offering each NSW command's Family Readiness Group (FRG) the opportunity to apply for funds to cover specific eventrelated needs on a per-head basis.



Last year, we provided \$72,000 in support for these awesome events!

We <u>love</u> hearing how each command celebrated their warriors and families during the holidays and we look forward to this year's events.

HOLIDAY FUN DAYS

Scheduling time to shop and take care of last-minute holiday errands for your family can be complicated when one parent is away due to training or deployment. The NSF recognizes the need for parents to have a day to get things done while their kids are having fun in a structured and safe environment and we provide Holiday Fun Days to meet this need.

BREAKFAST WITH SANTA

NSF's Breakfast with Santa events are held each year and our goal with this morning of fun is designed to bring our NSW families together to enjoy breakfast, take photos with Santa and catch up with their teammates and friends while creating crafts and playing games with the kids.

Last year, we hosted over **2,400 members of the NSW community** at Breakfast with Santa and invested nearly \$100,000 in making the day magical for families located at NSW commands across the globe.

Events like this one help our families create lasting holiday memories. It's not unusual for our community members to spend holidays away, so when the service member is home for the holidays, we want to contribute to positive family interactions which help these incredible families stay strong and resilient.



It's important to us to say **THANK YOU** to you, our donors and advocates, for your help in fulfilling our mission. What you do allows us to provide these programs that include resiliency and morale-building among their families. You make the holidays very MERRY for those who sacrifice so much. Thank you!

TO LEARN MORE ABOUT THESE PROGRAMS PLEASE VISIT:



NAVY SEAL Foundation's 4th annual Impact forum

In October, the Navy SEAL Foundation held its 4th annual Whole Warrior Health Impact Forum. Attendees of this event engaged in a complex narrative on the topic of suicide. Leading experts in their respective fields shared the most relevant, cutting edge, education and practices regarding issues that affect the Naval Special Warfare community and the military at large. This year, nearly **700 attendees responded to the call to action**; they made a personal and professional declaration that they are not a spectator in this movement to reduce suicide.

During every impact forum, we stress the importance of an informed and collective commitment to increased collaboration, meaningful and clear communication, and relevant education to improve the provision of behavioral health services to military members, first responders, and their families.

This year's event was dedicated to the topic of suicide and was specifically designed to meet the diverse interests and needs of attendees while creating a powerful opportunity for networking, learning, and developing techniques to prevent suicide in the military and community at large.

This year, our speakers shared presentations which included information on the following topics:

• Treatment and Interventions with Empirical Support to Reduce Acute Suicidal Risk in Military Personnel

• Mechanisms of Risk and Protection Specific to Special Forces Operators

• Targeted Treatment Interventions To Reduce Risk and Enhance Protection For Optimal Mental Health and Suicide Prevention

- Traumatic Brain Injury and the Risk of Suicide
- Neuropathology and NSW Suicide



The hallmark of this event remains the collaboration between the Navy SEAL Foundation and Naval Special Warfare to deliver exceptional support to NSW's elite warriors and family members.

"

We are pleased to report that we have seen tremendous gains in these areas throughout the past three years, and now we are honored to build upon this foundation as leading experts teach us how to put scientific facts into practical, everyday use to boost performance and emotional health.



Additionally, we heard from experts who are making great strides in exposing bad science practices and information, continuing to unravel the effects of traumatic brain injury, leading the way in suicide prevention and training, post-traumatic stress disorder (PTSD) and caring for the families of our service members and first responders.

The NSF Whole Warrior Health Impact Forum reminds all of us that we all have a part to play in solving these complex issues and in translating actionable intelligence into real-life function for those who serve our nation.





PROGRAM SUPPORT UPDATES

ACTIVE DUTY DEATH



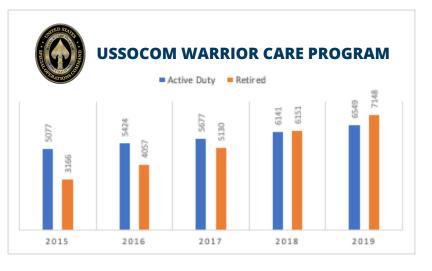
It is with a heavy heart that we report the passing of Special Boat Team 22 member, SWCC Jason Stanley Huber. Jason succumbed to a year-long battle with brain cancer on October 18th, 2019.

The Foundation has provided tragedy assistance funding to his wife and we supported memorial items, as well as travel for Jason's family and teammates to attend his memorial and burial ceremonies that were held on October 28th and 30th. His wife and two young children have been placed into the Foundation's Surviving Family Program.

NSW VETERAN SUPPORT

Last month we saw a significant rise in support requests related to SEAL and SWCC veterans. These requests were for mental health support, financial support, and equipment to help alleviate the effects of injuries sustained during their active duty service. The increase in support requests to NSF is congruent with the overall increase which the USSOCOM Care Coalition highlighted at their October Warrior Care Conference in Tampa.

The mission of the Care Coalition is to provide Special Operations Forces (SOF) wounded, ill, or



injured service members and their families care if they have sustained a life-changing injury during or because of their SOF service. The Care Coalition shared the chart above which shows how their support for veterans has now surpassed that of active-duty. NSF is anticipating that our support for SEAL and SWCC veterans will continue to increase in 2020 and beyond.



ACTIVE DUTY WOUNDED, ILL AND INJURED SUPPORT

This month, the Foundation supported the attendance of six wounded active-duty NSW operators to attend a 4-week intensive rehabilitation program. The program is designed to resolve their pain and help to heal their injuries, with the goal of returning these operators to full duty.

It is our goal to assist these dedicated warriors as they work to return to operational status doing the job that they love. We are committed to keeping our warriors healthy, resilient and in the fight!

WARRIOR AND FAMILY SUPPORT

While deployed, a SEAL operator's pregnant wife developed a serious medical condition that requires her to remain on bed rest for the rest of the pregnancy. NSF was happy to step in to provide respite childcare and a house cleaning service for this family so that the SEAL could finish out his deployment. The support provided has been greatly appreciated and is just one more example of how our donors are making a difference in the lives of SEAL families.

NSF is regularly contacted to support emergency travel for NSW service members when an unexpected event occurs. Finding, booking and paying for last-minute airline tickets can prove challenging for even the most seasoned travelers, but when you consider that service members are often in remote locations booking travel can become even harder. Also, there's the added financial burden that last-minute tickets can create for these hardworking families, so it's understandable just how important travel assistance can be for those we serve.



"The kids and I just got back on the island. Everything went awesome and super smooth! Thank you so much for all the support. The Navy SEAL Foundation does amazing things and we are very appreciative." — SDVT-1 Service Member

This past month, two active-duty NSW service members stationed in Hawaii required travel assistance to the continental U.S. after the unexpected deaths of their immediate family members. The Foundation supported their trips and we were honored to help get them back home so that they could support their respective families at such a difficult time.

HAWAII FALL FESTIVAL

When thinking of Hawaii, you may not think of pumpkins and falling leaves, but our NSW families stationed there celebrated the changing of the seasons with a fun 'Fall' festival. Over 200 active-duty service members and their families spent the day enjoying games, sports activities, and quality 'together' time. Falling leaves are optional!



WARRIOR TRANSITION

NSF is proud to support NSW operators before, during and following their transition from active service to the civilian sector. We do this in myriad ways, to include providing for their travel and related expenses to participate in quality transition programs.

This month, in NYC, we participated in the largest **Elite Meet** event to date. We heard outstanding feedback on the program and its impact on the service members as they develop their future goals and plans for both career and family. NSW operators love their jobs, so it is crucial that they are prepared for and find meaningful employment following service. For more information about NSF's transition services, please contact us at **programs@navysealfoundation.org**.







HOLIDAY SHOPPING? REMEMBER TO USE AMAZON SMILE IF YOU'RE SHOPPING AT AMAZON

VISIT THIS LINK TO GET STARTED ightarrow

DO YOU HAVE AN ALEXA DEVICE? IT'S SO EASY TO DONATE TO THE NSF BY JUST SAYING,

"Alexa, donate to the Navy SEAL Foundation."



GVING TUESDAY IS TUESDAY, DECEMBER 3RD! JOIN US IN SUPPORT!



CICK TO SHOP ->

NSF'S 2018 Annual Report Is Here

CLICK HERE TO VIEW ightarrow



2018 ANNUAL REPORT

HONORING OUR WARRIORS. SUPPORTING THEIR FAMILIES.



OUR COMMITMENT

THE NAVY SEAL FOUNDATION PROVIDES IMMEDIATE AND ONGOING SUPPORT AND ASSISTANCE TO THE NAVAL SPECIAL WARFARE (NSW) COMMUNITY AND ITS FAMILIES UNDER FIVE MAIN AREAS: WARRIOR & FAMILY SUPPORT, EDUCATIONAL OPPORTUNITIES, TRAGEDY ASSISTANCE & SURVIVOR SUPPORT, WARRIOR TRANSITION, AND LEGACY PRESERVATION.



\$2,718,201 EDUCATIONAL OPPORTUNITIES

\$2,464,718

CHILD RESILIENCY

\$2,145,618

SURVIVOR SUPPORT

\$2,953,416

TRAGEDY ASSISTANCE AND VETERAN SUPPORT

\$152,976

LEGACY PRESERVATION

\$1,917,617

WARRIOR AND FAMILY SUPPORT FOR FINANCIAL STEWARDSHIP

95 CENTS* OF EVERY DOLLAR DONATED GOES DIRECTLY TO PROGRAMS OR IS RESERVED FOR FUTURE MISSION USE



4-STAR CHARITY NAVIGATOR RATING SINCE 2011

*Fundraising ratios and efficiencies are calculated using the Charity Navigator three-year average for these areas.





46 NSW LINE OF DUTY SINCE SEPTEMBER 2001



11 OTHER NSW LOSSES SINCE SEPTEMBER 2001



SITREP DECEMBER 2019

UPCOMING EVENTS

DATE	EVENT NAME	CITY
1/12/2020	<u>Tampa Bay Frogman Swim</u>	St. Petersburg, FL
2/6/2020	Houston Evening of Tribute	Houston, TX
3/5/2020	New York City Benefit	New York City, NY
5/17-5/18/19	Joshua T. Harris Memorial Golf Tournament	Pinehurst, NC
5/28/2020	Los Angeles Evening of Tribute	Los Angeles, CA
6/7/2020	Boston Frogman Swim	Boston, MA
7/11/2020	Allen Stone Memorial Run Swim Run	VIRGINIA BEACH, VA
8/6/2020	Denver Evening of Tribute	Denver, CO
September 2020	Midwest Evening of Tribute	Chicago, IL
9/18-9/20/20	SEAL Tribute Event	Half Moon Bay, CA
10/15/20	Boston Evening of Tribute	Boston, MA
TBD	Hawaii Evening of Tribute	Hawaii

FOR A FULL LISTING OF EVENTS VISIT NAVYSEALFOUNDATION.ORG/EVENTS

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SITREP DECEMBER 2019

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