2020 marks our 20th year of support for the Naval Special Warfare community and its families and in that time we’ve invested over $200 million in programs benefiting SEALs, SWCCs, NSW enablers, their families and our SEAL and SWCC veterans. We could not do what we do without the generous support of our donors, partners, and leadership.

Our impact over the last 20 years has made a tremendous difference for those we serve! As we look forward to the next 20 years, we hope you’ll join us as we continue to honor our warriors and support their families!

OTHER NEWS

On Friday, December 6th, 2019, the Coronado Chamber of Commerce hosted its 44th Annual Holiday Parade and our West Coast Office was excited to participate! The parade served as NSF West’s public debut to the City of Coronado with our team parading down Orange Avenue in a decked out NSF1!

It was a lot of fun to participate in this island holiday tradition as hundreds of Coronado residents lined the streets to kick off the holiday season.

Our staff was joined by members of the NSW community who lead the way waving banners and passing out treats to parade-goers. NSF is honored to be embraced by the Coronado community and we feel so at home here as we work to serve the NSW force and their families.
When it comes to life in the military there are many factors that can influence how a family successfully manages stress. Due to the operational tempo of training and deployments within the Naval Special Warfare (NSW) community, NSW warriors can be away from home for up to 270 days each year. These frequent separations coupled with numerous moves to new duty stations can make maintaining family normalcy difficult, to say the least. One family which NSF supports shared that their child, who is currently in the 10th grade, has attended seven different schools over their lifetime!

The children of NSW did not volunteer to serve—they were born into this life—but they DO serve each and every day. They sacrifice precious time with their active-duty parents and they are called upon to stay strong and brave in the face of uncertainty while their parents are away. The children of NSW are truly some of the most incredible and resilient people you can imagine, but they often face academic challenges that their peers do not due to their parents’ service.

NSF is proud to be a Principal Partner of SEALKIDS and in 2019, we provided a $500,000 grant in support of their programs which address the academic challenges NSW kids face. Because of this support, eligible NSW kids can receive academic testing, tutoring, therapy, advocacy, and enrichment. Our support of SEALKIDS is making a real difference in the lives of hundreds of NSW kids each year.

NSF supports numerous other programs that promote wellness and resiliency for the children of NSW including summer camps, parent and child events, and other events for the whole family events including our Fall Festivals and the annual Breakfast with Santa events. We know that strong families allow our warriors to focus on their mission without having to worry about things back home!

“SEALKIDS has been one of the most valuable resources we have ever been offered. The programs have helped my daughter adjust and handle stress (academic and life), and our entire family, especially during deployments.”

—NSW Spouse
NSF is currently supporting a SEAL operator and his family after he was diagnosed with brain cancer. Our support includes crisis funds, flights as needed for caregiver support, house cleaning services to minimize the chances of infection while this warrior undergoes treatment, and a fitness recovery program. Getting back in the fight is this warrior's goal, and we are working closely with the USSOCOM Care Coalition and his command to do all we can to help make it happen.

An active-duty SEAL officer was among several NSW members injured in a boat crash while training in Alaska. Due to the severe nature of his injuries, the SEAL had to be medically evacuated to San Diego. NSF was called upon to coordinate flights for his wife and mother so that they could be at his side when he arrived at the hospital. Our support also included providing flights for his father and brother so that they could join the rest of the family and we are also providing respite childcare as needed. We are standing by to support other needs as they arise and continue to wish this SEAL the best as he heals.

NSF recently provided hotel accommodations for a SEAL and his wife while she was undergoing a medical procedure in another state. As you can see from the message below, he was truly grateful for the support which allowed him to focus on his wife when she needed him most.

"The cost for our lodging was not something I ever imagined we would receive support for...we're still in a bit of disbelief about the whole thing. It's very unexpected and I continue to be astonished by how much the NSF truly does behind closed doors to support the teams. Thank you for your support over this year. It's been a rough one and you've been there for me, as you are for many others. I really can't say enough about the compassion and goodwill I've personally received from you. Thanks again."

-Active-duty SEAL

Other Warrior and Family Support initiatives over the last month have included our Hawaii and East Coast Breakfast with Santa events. In Hawaii, over 80 NSW families got to meet Santa and tell him what they wanted for Christmas! Attendees made ornaments, decorated yummy holiday cookies, and even got to play in 10 tons of real snow! These families brought their A-game when building snowmen and almost everyone participated in a fun and festive holiday snowball fight!

"Thank you for providing this opportunity for our kids...it's always nice to enjoy these events even when our service member is deployed."

-NSW Family

On the East Coast, over 1,000 NSW families came together to celebrate the season of giving while enjoying Breakfast with Santa. Each year at this event our NSW community members give back by volunteering their time to help out at the event and by donating unwrapped new toys for local youth in need. This year’s East Coast event generated over 200 new toys for our partners at Union Mission in Virginia Beach, a valued resource for homeless families in the Hampton Roads area.
NSF's Frogman Reconnect events are one way NSF helps SEAL and SWCC operators connect with and support one another following their transitions out of active duty service with NSW. We recently hosted a Frogman Reconnect event in beautiful Philadelphia and it was a great success. Former operators from BUD/S Classes as far back as Class 16 came together for the fun and engaging event which was the perfect opportunity for them to do some networking! It is such an honor to contribute to the long-term success of these warriors by providing opportunities for these brothers to connect and share their past, present, and future missions!

Some of those in attendance shared the following:

“When I was drowning with my own transition you did not come through with a life raft but came in with a rescue team and incredible support that was so amazing it’s hard to capture in words. I would love to give back.”

-Retired SEAL

“I wanted to say a few words about NSF’s programs as someone who has benefited. Between the scholarship and counseling support and child assessment support, my wife and I really have been so blessed by NSF’s support! Thanks for all you do for our family and our community!”

-Retired SEAL
We are so excited to announce the release of “Men of Steel” a new song collaboration between American rock band Madison Rising and NSF!

Chris Irwin, Director of Partnerships at NSF wrote the track several years ago but never recorded it. Last year, NSF was approached by Madison Rising about creating a partnership and the opportunity to bring the patriotic track to life in a way that would benefit the Naval Special Warfare community was born. 50% of the proceeds from downloads and any licensing will be donated to the Navy SEAL Foundation.

Find “Men of Steel” wherever you listen to or download your music!
OUR COMMITMENT

THE NAVY SEAL FOUNDATION PROVIDES IMMEDIATE AND ONGOING SUPPORT AND ASSISTANCE TO THE NAVAL SPECIAL WARFARE (NSW) COMMUNITY AND ITS FAMILIES UNDER FIVE MAIN AREAS: WARRIOR & FAMILY SUPPORT, EDUCATIONAL OPPORTUNITIES, TRAGEDY ASSISTANCE & SURVIVOR SUPPORT, WARRIOR TRANSITION, AND LEGACY PRESERVATION.

93 SURVIVING SPOUSES, FIANCÉES AND SIGNIFICANT OTHERS
110 SURVIVING CHILDREN
205 SURVIVING PARENTS
102 SURVIVING SIBLINGS
8 PRIMARY CAREGIVERS OF SURVIVING CHILDREN

TOTAL PROGRAM SUPPORT YTD: $15,487,305
as of 12/15-19

$3,288,297 TRAGEDY ASSISTANCE AND VETERAN SUPPORT
$153,202 LEGACY PRESERVATION
$2,117,013 TRANSITION ASSISTANCE
$3,288,297 TRAGEDY ASSISTANCE AND VETERAN SUPPORT
$153,202 LEGACY PRESERVATION
$2,117,013 TRANSITION ASSISTANCE

$2,740,161 EDUCATIONAL OPPORTUNITIES
$2,579,980 CHILD RESILIENCY
$2,473,908 SURVIVOR SUPPORT
$2,134,743 WARRIOR AND FAMILY SUPPORT

TOP 0.7% OF ALL NONPROFITS FOR FINANCIAL STEWARDSHIP
95 CENTS* OF EVERY DOLLAR DONATED GOES DIRECTLY TO PROGRAMS OR IS RESERVED FOR FUTURE MISSION USE
4-STAR CHARITY NAVIGATOR RATING SINCE 2011

*Fundraising ratios and efficiencies are calculated using the Charity Navigator three-year average for these areas.

71 NSW KILLED IN ACTION SINCE SEPTEMBER 2001
22 NSW KILLED IN TRAINING SINCE SEPTEMBER 2001
46 NSW LINE OF DUTY SINCE SEPTEMBER 2001
6 NSW VETERAN-DIPLOMATIC MISSION
11 OTHER NSW LOSSES SINCE SEPTEMBER 2001

NAVY SEAL FOUNDATION
## UPCOMING EVENTS

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<td>Tampa Bay Frogman Swim</td>
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<td>The Whiskey House Five Year Anniversary Party</td>
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<td>5th Annual Shootin' for the Stars</td>
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<td>5/17-5/18/19</td>
<td>Joshua T. Harris Memorial Golf Tournament</td>
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<td>TBD</td>
<td>Hawaii Evening of Tribute</td>
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For a full listing of events visit [NAVYSEALFOUNDATION.ORG/EVENTS](http://NAVYSEALFOUNDATION.ORG/EVENTS)