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CELEBRATING **20*** YEARS OF SUPPORT

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*Former SEAL

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THE SITUATION REPORT

FEBRUARY 2020

NEWS & ANNOUNCEMENTS

Join us in WELCOMING A NEW TEAMMATE!

This month the Navy SEAL Foundation is pleased to welcome the newest member of our staff, former SEAL Mark Greene as NSF's Director of Transition and Veteran Support.

Mark holds a Master of Business Administration from the Naval Postgraduate School and will receive his Master of Public Administration from the University of Southern California in May. Mark was most recently employed by the University of Southern California as the Manager of Military and Veteran Services.

In 1997, Mark graduated from BUD/S Class 212 with orders to SEAL Team FIVE. Over the next 20 years, he served at multiple Naval Special Warfare commands and was commissioned as an officer in 2004. Mark retired from active-duty service in 2016.



"I am honored to have this opportunity to continue my service to the NSW community through my work at the Navy SEAL Foundation."



"I am honored to have this opportunity to continue my service to the NSW community through my work at the Navy SEAL Foundation. I am very

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excited and motivated to advance the health, wellness, and overall success of our SEAL and SWCC veterans, along with our equally valued transitioning NSW service support teammates,” said Greene when asked how he felt about joining the NSF team. “The SEAL community has endured continuous and sustained combat and intense training and many of our warriors have not had an opportunity to take care of themselves or their families throughout this arduous journey. NSF is ready to assist our NSW family as they transition into a new phase of life and I am so pleased to be able to support them in my new role.”

Mark will be based out of the Virginia Beach office and can be reached at mgreen@navysealfoundation.org should you have questions about NSF Transition support.

Please join us in welcoming Mark to the NSF team!



11TH ANNUAL TAMPA BAY FROGMAN SWIM

Huge thanks to everyone who participated and supported this year’s Tampa Bay Frogman Swim, held January 12th! This year’s event included 175 swimmers, 185 kayakers, 80 volunteers and close to 300 spectators! TBFS also hosted nearly 50 Gold Star and Surviving Family members as honored guests.

This year’s TBFS raised over \$700,000, bringing the total raised to over \$4 million over the past 11 years! Thank you to all who help make this swim a success year after year. We are stronger as a Foundation because of you!





PROGRAM SUPPORT UPDATES

ACTIVE DUTY WOUNDED, ILL AND INJURED SUPPORT

The Navy SEAL Foundation’s uniquely tailored support is intended to meet the needs of Naval Special Warfare operators and their families at any time. It is imperative that support is provided quickly and efficiently as our operators are always forward deployed.

During the holidays, a SEAL operator sustained multiple, severe gunshot wounds while participating in combat operations overseas. NSF’s support was **immediate** with flights, lodging, gift cards for food, emergency funding, and more. Our support continues for the duration of this operator’s recovery to ensure he can focus on healing and his family can focus their time and their love on him.

Each time a warrior is supported in his/her recovery, we afford him/her the opportunity to return to duty. Their desire to continue to serve is strong, and we are proud to honor their commitment by ensuring they receive the best rehabilitation and recovery care. One of our evidence-based, holistic rehabilitation programs is a 4-week intensive program that consists of cognitive support/training, nutritional management for optimal recovery, physical rehabilitation developed to heal the targeted injury/wound and pain/sleep management. In 2019 Navy SEAL Foundation was pleased to support **111 fiercely dedicated wounded/injured operators** through this program.

WARRIOR AND FAMILY SUPPORT

The Foundation was honored to support the wife of a SEAL after she experienced several severe medical issues. In support of her care, we provided flights and occasional hotel accommodations for her monthly medical treatments. This type of support does help ease the financial burden for the family as travel and accommodations for her medical treatment would normally be out-of-pocket, but it also helps reduce stress and helps the family focus on her healing.

I think it’s important to note that her SEAL husband was able to deploy knowing that his wife would be able to continue her treatments with the greatest care and support from NSF.

“I just wanted to send you a quick email to thank you for all of your help and support throughout my medical journey”

-SEAL Spouse



(continued on page 4)

Our family support also extends to the dependent children of active duty NSW members. Recently, NSF was called to support a SEAL family with a teenage son who had, sadly, suffered a traumatic brain injury. Here's what his mom shared with us:

"I want you to know how much the support of the Navy SEAL Foundation has meant to me and my family throughout our son's brain injury and subsequent treatment. I have certainly been remiss in not thanking you and the Foundation sooner. I suspect you hear this often, but quite frankly, the whole situation has been so overwhelming since the beginning, that I have been wrapped up in the day to day details and keeping my head above water. However, there are no words to convey my profound gratitude for all of the assistance and more importantly, the unwavering support, especially at the beginning of this ordeal."

-SEAL Spouse

WARRIOR TRANSITION

Transition and Veteran programs remain at the forefront of the Foundation's support in so many ways: **Human Performance** (a chance to recalibrate their physical and mental health); Career Transition (exposure to various industries with expert mentorship); the **Family Unit** (opportunities for family members to best understand the transition process and engage in it together as a team); the **Frogman Reconnect Series** (a chance for current and former SEAL/SWCC to connect and continue their support of one another), and numerous other opportunities focused on every unique aspect of their transition.

Approximately 180 SEALs, not all of whom will need NSF support, will transition out of NSW each year. Our commitment to them remains strong and we stand ready to help them on their next mission in life!



SURVIVING FAMILY SUPPORT

NSF realizes the surviving children of our fallen NSW service members need specific programs to help enrich their lives as they continue to grow after the loss of their dads. Every child is unique and is on their own path of discovery regarding their potential, strengths, goals, and development. As these amazing kids navigate the challenges brought on by growing up having lost their father, the Navy SEAL Foundation stands alongside. NSF's Discovery Grant program, which awards an annual and renewable grant to NSW Gold Star children, was created to provide opportunities for the development of their interests and talents, helping them explore their potential and chase their dreams.

Below you will read feedback from a mother whose surviving daughter is thriving with this support in new ways:

"She ran track last year. I have her working with a speed and agility coach. I was able to pay for the sessions because of the Discovery Grant. That's how we honored her dad on Veterans Day. She stopped dancing, stopped DJ classes and just wants to run and be ready for middle school track next year. The coaches work with pro, college and high school athletes. Thank you."

To all who support the Foundation through donations and fundraising, **THANK YOU**. It is because of the generosity of our supporters that our programs are possible. You are making a difference in the lives of those who sacrifice so much.



We are so excited to announce the release of [“Men of Steel”](#) a new song collaboration between American rock band Madison Rising and NSF!

Chris Irwin, Director of Partnerships at NSF wrote the track several years ago but never recorded it. Last year, NSF was approached by Madison Rising about creating a partnership and the opportunity to bring the patriotic track to life in a way that would benefit the Naval Special Warfare community was born. 50% of the proceeds from downloads and any licensing will be donated to the Navy SEAL Foundation.

Find [“Men of Steel”](#) wherever you listen to or download your music!

CLICK HERE TO DOWNLOAD →





UPCOMING RACES

FRISCO
TEXAS

5.16.20

AMELIA ISLAND
FLORIDA

5.16.20

IMPERIAL
NEBRASKA

5.23.20

SAN DIEGO
CALIFORNIA

7.25.20

VIRGINIA BEACH
VIRGINIA

10.17.20

**KENTUCKY, PITTSBURGH, ALEXANDRIA AND LA
RACE DATES COMING SOON**



**SPECIAL THANKS TO OUR
NATIONAL GOLD SPONSOR**



**Veterans United.
Foundation**



**TO LEARN MORE VISIT
JOGGINFORFROGMEN.COM**

OUR COMMITMENT

THE NAVY SEAL FOUNDATION PROVIDES IMMEDIATE AND ONGOING SUPPORT AND ASSISTANCE TO THE NAVAL SPECIAL WARFARE (NSW) COMMUNITY AND ITS FAMILIES UNDER FIVE MAIN AREAS: WARRIOR & FAMILY SUPPORT, EDUCATIONAL OPPORTUNITIES, TRAGEDY ASSISTANCE & SURVIVOR SUPPORT, WARRIOR TRANSITION, AND LEGACY PRESERVATION.

93

SURVIVING SPOUSES,
FIANCÉES AND
SIGNIFICANT OTHERS

110

SURVIVING
CHILDREN

205

SURVIVING
PARENTS

102

SURVIVING
SIBLINGS

8

PRIMARY CAREGIVERS
OF SURVIVING
CHILDREN

TOTAL PROGRAM SUPPORT YTD: \$934,646

\$288,058

SURVIVOR SUPPORT



\$255,423

CHILD RESILIENCY

\$252,755

TRAGEDY ASSISTANCE
AND VETERAN SUPPORT

\$31,003

EDUCATIONAL
OPPORTUNITIES

\$35,545

WARRIOR AND
FAMILY SUPPORT

\$71,862

TRANSITION
ASSISTANCE

(as of 1/31/20)

TOP 0.7%

OF ALL NONPROFITS
FOR FINANCIAL STEWARDSHIP

95 CENTS*

OF EVERY DOLLAR DONATED GOES
DIRECTLY TO PROGRAMS OR IS
RESERVED FOR FUTURE MISSION USE



4-STAR

CHARITY NAVIGATOR
RATING SINCE 2011

*Fundraising ratios and efficiencies are calculated using the Charity Navigator three-year average for these areas.

71

NSW KILLED IN ACTION
SINCE SEPTEMBER 2001

22

NSW KILLED IN TRAINING
SINCE SEPTEMBER 2001

46

NSW LINE OF DUTY SINCE
SEPTEMBER 2001

6

NSW VETERAN-
DIPLOMATIC MISSION

11

OTHER NSW LOSSES SINCE
SEPTEMBER 2001

UPCOMING EVENTS

DATE	EVENT NAME	CITY
3/5/2020	New York City Benefit	New York City, NY
4/19/2020	The 'MURPH' Swim Challenge	Prosper, TX
5/14/2020	NSF Golf Classic at The Sanctuary	Sedalia, CO
5/15/2020	5th Annual Shootin' for the Stars	Rio Oso, CA
5/16/2020	Joggin' for Frogmen Frisco	Frisco, TX
5/16/2020	Joggin' for Frogmen Amelia Island	Amelia Island, FL
5/17-5/18/19	Joshua T. Harris Memorial Golf Tournament	Pinehurst, NC
5/21/2020	Rosedin Golf Tournament and Auction	Newport, CA
5/23/2020	Joggin' for Frogmen Imperial	Imperial, NE
5/28/2020	Los Angeles Evening of Tribute	Los Angeles, CA
6/7/2020	Boston Frogman Swim	Boston, MA
6/27/2020	Lt. Michael Murphy Run Around the Lake	Ronkonkoma, NY
7/11/2020	Allen Stone Memorial Run Swim Run	Virginia Beach, VA
7/25/2020	Joggin' for Frogmen San Diego	San Diego, CA
8/6/2020	Denver Evening of Tribute	Denver, CO
9/3/2020	Midwest Evening of Tribute	Chicago, IL
9/11/2020	Amelia Island Patriots Day Ladies Luncheon	Amelia Island, FL
9/18-9/20/20	SEAL Tribute Event	Half Moon Bay, CA
9/25/2020	6th Annual Shootin' for the Stars	Carson City, NV
10/8-10/10/20	Pedal for Patriots	Atlanta, GA
10/15/2020	Boston Evening of Tribute	Boston, MA
10/16/2020	Sig Sauer Event	Boston, MA
10/24/2020	Hawaii Evening of Tribute	Hawaii
11/14/2020	10th Annual Amelia Island Golf Classic	Amelia Island, FL

FOR A FULL LISTING OF EVENTS VISIT NAVYSEALFOUNDATION.ORG/EVENTS

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