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*Former SEAL

NAVYSEALFOUNDATION.org

1619 D Street
Virginia Beach, VA 23459
EC P 757.744.5326 | WC P 619.762.5326
info@navySEALfoundation.org



NEWS & ANNOUNCEMENTS

NSF WELCOMES A NEW TEAMMATE!

NSF welcomes Erin Huffaker, as the South Central Region Director of Development

Join us in welcoming Erin Huffaker to the Navy SEAL Foundation's development team! Erin is a native of Louisiana and has been working as a fundraiser since 2014. She currently resides in Dallas, Texas, and will be focused on fundraising in the South Central Region. Welcome, Erin!





Read about Navy SEAL Foundation's programmatic offerings and the impact these programs have made on thousands of U.S. Navy SEALs, SWCCs, NSW enablers, SEAL and SWCC veterans, their families, and caregivers, and our Gold Star and Surviving Family members in the 2019 Annual Report.

Cont.



PROGRAM SUPPORT UPDATES

VETERAN DEATH

We were saddened to learn that Veteran SEAL Dave Hall passed away unexpectantly on October 12th. Dave spent the majority of his career on the west coast, and he leaves behind a wife, stepson, and other family. The Navy SEAL Foundation is supporting with immediate tragedy assistance funding, travel and lodging for his family members, flowers, and memorial support. We will continue to provide incredible support for his family through our immediate tragedy assistance program.



ACTIVE DUTY WOUNDED, ILL AND INJURED SUPPORT

"This changed our family's lives."

When their child was diagnosed with a disease that affects the development of his brain, his motor skills, and his ability to sit up and walk, NSF provided an Active Duty SEAL family an active chair with a stroller base that included hi/lo options to provide positioning for feeding and development. The personalized chair secures him in a sitting position where he can see his surroundings and provides freedom of movement for him to start physical therapy. Best of all, they have already seen a huge improvement in his ability to reach and try to pick up items off his tray. His mom went from carrying her 1 1/2-year-old son in a car seat to enjoying family strolls, which was impossible before. The whole crew stopped by the SEAL Heritage Center this summer to personally thank NSF and to introduce their son. Witnessing the joy in these parents' eyes as their son laughed was the only thanks we needed.

"To all who dedicate their time and effort towards running the Foundation, we are so grateful! Throughout my husband's time in the Teams, we have always felt welcomed and supported by NSF. However, the past year, after discovering our son's special needs, we have witnessed your hard work at a personal level and we are so blessed to be a part of this incredible community. All our love."

—Active-Duty Spouse





When a service member lost his father unexpectedly, NSF supported a last-minute flight and rental car to alleviate financial strain, to ensure that he was able to attend his father's funeral and to enable him to provide support to his mother. View his thoughtful feedback:

"You three have gone above and beyond. The only word that truly describes each of you is superlative. Your attention to detail and compassion has been so overwhelming. I can never thank you enough for taking the time out of your busy schedules to accommodate me. Literally in a moment, you were a phone call away and ready and willing to lend an ear. I am truly grateful and hope that I can be as half as generous and loving to others as you three have shown me. Please continue to do amazing and great things for the warriors within NSW."

—SWCC Operator

"

An active-duty SEAL sustained severe injuries while participating in combat operations overseas. Once stable, he was transported stateside to Walter Reed Medical Center. Due to COVID-19, the Navy was unable to provide flights for his wife and parents to be at his bedside. NSF was happy to fill this gap. The operator's wife received NSF's tragedy funds, flight, hotel accommodations and a rental car. NSF also provided flights, hotel accommodations, and a rental for his parents. NSF continues to work closely with the Warrior Care Program to ensure this operator and his family are supported.

An active-duty SEAL sustained multiple injuries from a fall during a training exercise accident. Once he was released from the hospital NSF provided ADA lodging for the service member until he is able to return home to recover. We flew in a family member to assist in his caregiving and purchased multiple pieces of medical equipment not covered by TRICARE, to include an electric scooter for mobility.

This past month, NSF funded six SEALs and 1 SWCC at VHP under our Return-to-Duty Program. During their time in the program, attendees also receive briefs on various topics: sleep, pain management, nutrition, resources, etc. NSF is honored to ensure operators understand the myriad of support available to them while they prepare their minds and bodies to function at the highest level possible following a wound or injury.

"Thank you for all that you do for our community! I definitely appreciated Alison taking the time to educate us on the myriad of support available should we require it. These opportunities would not exist if it wasn't for caring individuals like yourselves and we are fortunate to have you in our corner."

-Active-Duty SEAL





WARRIOR AND FAMILY SUPPORT

This past month has been incredibly hard for our community. Two NSW families faced the unthinkable loss of their infants. NSF provided crisis tragedy funds, support for a family reception and an offer for grief counseling. We are standing by for other needs, and our hearts are with them as they navigate this difficult season.

(continued on page 4)



We also learned that an NSW service member's son was diagnosed with cancer and we immediately provided the service member with a flight for him to be able to be with his son during this uncertain time.

When injuries occur and service members are recovering, the additional strain on the household is significant. Oftentimes, families are hesitant to ask for support; however, there are situations that require additional home care assistance so that the family can focus on the operator's recovery while maintaining some sense of normalcy. NSF is glad to provide housekeeping and lawn care services, as well as additional childcare hours if there are follow up medical appointments required.

COVID-19 has most kids starting the 2020-2021 school year off virtually. NSF's Family Assistance Program has been extended to continue to help families struggling with the adjustment of their schedules. NSF is continually working with NSW's Warrior and Family Support Coordinators on issues that families are facing.

NSF's Respite Child Care Program recently expanded to include services of virtual learning assistance, light housekeeping, and errand running.



"Navy SEAL Foundation – I do not think you understand how much this means to this family. We truly and humbly appreciate your generosity!"

—Warrior and Family Support Coordinator

SURVIVOR SUPPORT

Our surviving families often face unique child care challenges following the loss of their service members. NSF is pleased to provide 40 hours a month of respite child care, and we want our surviving families to feel confident in utilizing this support.

To best serve these families, NSF has continued to tailor the program to ensure they have peace of mind and several quality options to choose from.

"This is Amazing! This change helps so much...!'m very scared with anyone I don't know driving my children. Thank you!"

—Gold Star Spouse

"I'm very happy that NSF heard our concerns regarding childcare and have made a change to align more with the care we need. Thanks again for hearing us!!"

—Gold Star Spouse



COMMAND SUPPORT

In late August, a platoon from SEAL Team 3 was training on San Clemente Island. During the training exercise, there was a helicopter crash. Two TF-160 unit members were injured during the crash. Immediately following the crash medical care was provided by the SEAL Platoon. Tragically, the TF-160 unit members did not survive the accident.

The 16-member platoon was provided with flights, lodging and rental cars so they could attend services and pay their respects to their lost brothers in arms, as well as lend support and comfort to their families and teammates.



KODIAK ALASKA MINI RETREAT

As you may know, Naval Special Warfare has a small training detachment in Kodiak, Alaska, a remote island off of Anchorage. While many of us can relate to social distancing, remote isolation is a very different experience for families in Alaska and especially during COVID-19.

When the command reached out to NSF this summer, we gladly partnered to bring in local speakers and get families together to build resilience and provide command support, which included a delicious meal and a bear viewing excursion.

"The Kodiak mini-retreat weekend has just ended. It was one of the most memorable and exciting events I have attended, and I have had pretty much everyone agree that it was amazing and all have said that it will always be a little piece of Kodiak and time with our DET family that they will cherish forever."

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"As you know my theme for this weekend was building family resiliency through healthy habits! Key takeaways were family bonding through adventures, building healthy habits through nutrition, exercise, and effective communication. We checked those boxes with the most amazing bear view ever, and fantastic, energetic, and interactive speakers. We topped off the day with a fabulous meal prepared by Kodiak Hana Sushi aka The Old Powerhouse! All of us at DET Kodiak cannot thank you enough for your assistance and encouragement."

"I have attached a few pictures from this weekend that will warm your heart and that will encourage you all to continue to do what you do best... Support NSW families! We really needed this up here on our little island and it really built stronger relationships at the DET and within family units."



NSF EDUCATIONAL OPPORTUNITIES

The final round of 2020 NSF scholarship award notification emails went out to 179 grateful applicants in August. Coupled with 2020 cycle one, NSF saw a record number of 524 scholarship awards in 2020, increasing by 14% from 2019 to just over \$1,700,000 in awards! Congratulations to all awardees!



USEALKIDS

In 2020, the Navy SEAL Foundation provided a \$500,000 grant as the Principal Partner to SEALKIDs to help address academic disruptions our NSW kids may face. Through this support, NSW kids and teens receive academic testing, tutoring, therapy, advocacy, and enrichment support during challenging times.

Academic challenges due to COVID-19 persist as many schools remain in a state of virtual learning which can cause some children in need of additional support to be left behind. SEALKIDs gives these children help and hope!

"SEALKIDS has provided my children with support and assistance that I wouldn't have been able to provide. My children were performing several grades behind their grade level. With the funding from SEALKIDS, this is no longer the case. You have changed our family."

"We just finished her testing. The peace of mind we have been chasing is finally here. We are so grateful and can't say thank you enough."



NSF VETERAN SUPPORT

In addition to its numerous monthly interactions with the NSW veteran population, NSF provides targeted support in brain and mental health when veterans or their family members contact us for help.

We are keenly focused on our SEAL and SWCC veterans who need assistance and we are committed to ensuring they receive the best care possible. Over the years, NSF has cultivated amazing local, regional, and national connections and partnerships that allow us to aggressively move in ways

"Thank you so very much for your support, care, and HUGE help for our family. You have been incredibly kind and generous with both your resources and time. I do not know what we would have done...I am incredibly appreciative of your help and forever grateful for the Navy SEAL Foundation. I look forward to the day when we can pay it forward. With deepest gratitude."

-Veteran SEAL Spouse





that address and respond to suffering. It's situations like these that highlight our ability to support the mission and the community at incredible speed with equally incredible results. It's important to note that Veteran support will at times extend to the family members of that Veteran.

NSF was honored to support a former SEAL (Class 36W, UDT-11, SEAL Team 1) following the devastating loss of his home and all of his belongings in the California fires. Our Veterans Crisis Assistance Funding assisted him financially but even more valuable and meaningful to him was our support in helping him search for and complete an application with a veteran home in CA where he can live with other veterans rather than trying to "completely rebuild my life at 76." He

shared that our support was the kind of help he needed, but more than anything, what mattered "is that someone at NSF cared enough to take my call."

NSF's support for former and retired SEAL/SWCC personnel through our human performance program continues to change their quality of life for the better. During the program, we also inform them of all of the programs available to them, as well as bringing awareness to important topics like suicide prevention, pain management and risk factors associated with NSW service.

"I want to thank you personally for first, approving and funding my application to participate in the VHP program...I was diagnosed with cancer in February of this year; stage 4 colon cancer, MT (metastasis & tumor/terminal)...Going through the Virginia High Performance program is saving my life. Everyone there has devoted their time to help fight my cancer and it is working miracles. The positive impacts it has had on myself and my family has given us new hope for extended life. None of the above could have been accomplished without the support of the Navy SEAL Foundation and the donations provided by the most generous and patriotic donors, are the true lifesavers and behind the scenes heroes. I am, and always will be, forever indebted."

—Retired SWCC



TRANSITION

When soon-to-retire SEALs are stationed abroad, planning for their transition can be more challenging. One operator who is stationed in Europe had several questions but he also wanted to share his goals and plans to ensure he is on the right track. NSF is honored to help them keep pace with their demanding schedules and to ensure they have access to our support along the way.

"Appreciated your overview of resources with NSF and some confirmation that I may not be too far off-track on the transition process;). Look forward to staying in contact with you and NSF as I continue to move ever closer to transition."

Additionally, we are quick to assist those who are facing a med board and are uncertain not only of their service timeline but also their next job. One operator is transitioning earlier than he had hoped due to a severe back injury he sustained during a training accident.



"I really appreciate your support. I am a planner and need to know what my options are. Thank you for all of the connections and conversations."





OUR COMMITMENT

THE NAVY SEAL FOUNDATION PROVIDES IMMEDIATE AND ONGOING SUPPORT AND ASSISTANCE TO THE NAVAL SPECIAL WARFARE (NSW) COMMUNITY AND ITS FAMILIES UNDER FIVE MAIN AREAS: WARRIOR & FAMILY SUPPORT, EDUCATIONAL OPPORTUNITIES, TRAGEDY ASSISTANCE & SURVIVOR SUPPORT, WARRIOR TRANSITION, AND LEGACY PRESERVATION.

SURVIVING SPOUSES. FIANCÉES AND SIGNIFICANT OTHERS

SURVIVING CHILDREN

SURVIVING **PARENTS**

SURVIVING SIBLINGS

1 PRIMARY CAREGIVERS **OF SURVIVING CHILDREN**

TOTAL PROGRAM SUPPORT YTD: \$8,925,932

(as of 10/15/20)

\$2,665,426

EDUCATIONAL OPPORTUNITIES

\$151,155

LEGACY PRESERVATION

\$611,944

WARRIOR AND **FAMILY SUPPORT**



\$1,655,857

TRANSITION ASSISTANCE

S905,907

SURVIVOR SUPPORT

\$867,174

CHILD RESILIENCY

TOP 0.7%

OF ALL NONPROFITS FOR FINANCIAL STEWARDSHIP

94 CENTS*

OF EVERY DOLLAR DONATED GOES DIRECTLY TO PROGRAMS OR IS RESERVED FOR FUTURE MISSION USE



4-STAR **CHARITY NAVIGATOR RATING SINCE 2011**

*Fundraising ratios and efficiencies are calculated using the Charity Navigator three-year average for these areas.

NSW KILLED IN ACTION SINCE SEPTEMBER 2001 **NSW KILLED IN TRAINING** SINCE SEPTEMBER 2001

NSW LINE OF DUTY SINCE SEPTEMBER 2001

NSW VETERAN-DIPLOMATIC MISSION OTHER NSW LOSSES SINCE SEPTEMBER 2001





Together with Sara Wilkinson, we bring you the hero workout "Chad", in honor of Navy SEAL Chad Wilkinson who took his life on October 29, 2018 due to the effects of numerous deployments, several TBIs, blast wave injuries and PTSD. Our goal is to honor Chad's life and legacy and by raising awareness for suicide prevention.

All proceeds from Chad 1000X patches and t-shirts sold will go to brain and mental health programs funded by the Navy SEAL Foundation, a GORUCK Official Partner. #CHAD1000X



HOW IT WORKS

Step 1: Pre-order your patch & tee or patch & women's tank.

Step 2: Download the training plan and start working towards the goal of 1000X step-ups now. Share your photos and videos with us @goruck and with #CHAD1000X

Step 3: Complete the Veterans Day "Chad" Hero WOD anytime on or around Veterans Day.

THE WORKOUT

1000X Step Ups Completed as a team, partner, or individual for time.

3 OPTIONS:

- 1. Slick // No rucksack. You pick the height of the step-ups.
- 2. Standard // 30#/20# rucksack. You pick the height of the step-ups.
- **3. Expert** // 45# rucksack. Use 20" box for step-ups.

REGISTER AND LEARN MORE ABOUT THE EVENT



OFFICIAL PARTNERS



















PROMOTIONS AND PROUD SUPPORTERS









BRAVO ● SIERRA USA





























UPCOMING EVENTS

DATE	EVENT NAME	CITY
10/28/2020	1st Annual Bustin' Clays Team Event	Denver, CO
11/1/2020	2020 Virtual NYC Marathon	Virtual
11/7/2020	Joggin' for Frogmen Frisco	Frisco, TX
11/7/2020	9th Annual Island House Oyster Roast	Wachapreague, VA
11/7/2020	GORUCK's CHAD 1000x	Everywhere
11/15/2020	The "MURPH" Swim Challenge	Prosper, TX
2021 EVENTS		
1/17/2021	Tampa Bay Frogman Swim	Tampa, FL
2/4/2021	Houston Evening of Tribute	Houston, TX
4/10/2021	Dressed to Kilt	New York City, NY
5/6/2020	Golf Outing at the Sanctuary	Sedalia, CO
5/25/2021	New York City Benefit	New York City, NY
5/27/2020	Rosendin Golf Tournament and Auction	Newport, CA
6/3/2021	Los Angeles Evening of Tribute	Los Angeles, CA
6/6/2021	Boston Frogman Swim	Boston, MA
8/5/2021	Denver Evening of Tribute	Denver, CO
9/14/2021	Midwest Evening of Tribute	Chicago, IL
9/24-26/2021	Half Moon Bay Tribute	Half Moon Bay, CA
10/14/2021	New England Benefit Dinner	Boston, MA
10/15/2021	Annual NSF SIG SAUER Range Day	Epping, NH
11/6/2021	Amelia Island Golf Outing	

FOR A FULL LISTING OF EVENTS VISIT NAVYSEALFOUNDATION.ORG/EVENTS

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